NB: AREA LEVEL ONLY: BJC Junior Grading Syllabus (10-15 years of age)

Grading Officer _____

Signed:		Name	Name	Name	Name
Date:		Club	Club	Club	Club
Comments:		Age / D.o.B	Age / D.o.B	Age / D.o.B	Age / D.o.B
		Present grade	Present grade	Present grade	Present grade
FOR ALL GRADES: Pre-requisite for grading (all Judoka must be able to demonstrate these to a good standard appropriate for their new grade)		New grade	New grade	New grade	New grade
	Minimum Attendance Confirmed				
	Kneeling and Standing Bows and Overall Etiquette				
	Posture (Migi/Hidari Shizentai, Jigotai), grip (Kumi-Kata - basic sleeeve/lapel) and how to walk with a partner (Aruki-Kata - using Tsugi Ashi & Tsuri Ashi)				
	How and When to Submit				
	Ushiro Ukemi	Back Breakfall			
	Hidari/Migi Yoko Ukemi	Left/Right Side Breakfalls			
	Mae Ukemi	Front Breakfall			
	Hidari/Migi Zempo Kaiten Ukemi	Left/Right Rolling Breakfalls			
BLUE TABS	**Throws**				
	(1 TAB) 13. O Soto Gari	13. Major Outer Reap			
	(2 TABS) 14. Hiza Guruma	14. Knee Wheel			
	(3 TABS) 15. Uchi Mata	15. Inner Thigh Throw			
	Groundwork (plus escapes)				
	(1 TAB) 29. Tate Shiho Gatame to and from 28. Kata Gatame				
	(2 TABS) 31. Hadaka Jime and escape	31. Naked Strangle			
	32. Okuri Eri Jime and escape	32. Sliding Collar Strangle			
	(3 TABS) 35. Ude Hishigi Juji Gatame	35. Cross armlock			
	35. Ude Hishigi Juji Gatame applied as Uke tries to avoid 31. Hadaka Jime				
	35. Ude Hishigi Juji Gatame applied as Uke tries to avoid 32. Okuri Eri Jime				
	Kata				
	(1 TAB) 1st technique of Nage No Kata				
	1st technique of Katame no Kata				
	(2 TABS) 1st & 2nd techniques of Nage No Kata				
	1st & 2nd techniques of Katame no Kata				
	(3 TABS) 1st set of Nage No Kata				
	1st, 2nd & 3rd techniques of Katame no Kata				
	Minimum of 1 win (by wazari or ippon only) against own grade and gender. Against own age group where possible.				
BROWN TABS	**Throws**				
	(1 TAB) Demonstrate counters and combinations to and from 10. Harai Goshi				
	(2 TABS) Demonstrate counters and combinations to and from 11. Hane Goshi				
	(3 TABS) Demonstrate counters and combinations to and from 12. Ippon Seoi Nage				
	Groundwork (plus escapes)				
	(1 TAB) 36. Ude Garami	36. Entangled Armlock			
	(2 TABS) 37. Waki Gatame	37. Armlock with Armpit			
	(3 TABS) 22. Kuzure Kesa Gatame to 36. Ude Garami then to 37. Waki Gatame				
	Theory				
	(1 TAB) 1st set of Nage No Kata				
	1st set of Katame no Kata				
	(2 TABS) 1st & 2nd sets of Nage No Kata				
	1st set of Katame no Kata				
	(3 TABS) 1st & 2nd sets of Nage No Kata				
	1st & 2nd sets of Katame no Kata				
	Minimum of 2 wins (by wazari or ippon only) against own grade and gender. Against own age group where possible.				

Key

- assess throughout grading - examine separately only if weak for grade

Examiner's Additional Comments (continue on back of sheet if necessary)